

## Hands on Approach

Everyone needs help at some point.

Parenting is one of the most difficult and rewarding jobs.

The Family Support Program offers one on one support when and where you need it.

This no judgment program will work with you where you're at and will help get you where you want to be.

Our priority is your family and ensuring everyone is happy, healthy and safe.

People Helping People



## Family Support Program

### PARTNERS FAMILY SERVICES

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## A Helping Hand



### Who We Are

PARTNERS Family Services Inc. is a non-profit organization that has been serving Humboldt and Area for over 15 years. We cover a 100km radius from Humboldt. Staff at PARTNERS are trained to help individuals and families in difficult situations by bridging resources, offering supportive listening and problem solving. PARTNERS has been running the Family Support Program for 4 years and continually expanding services offered to meet the needs of families in our service area.

### Family Support Program

The family support program is a voluntary program offered through PARTNERS. The program is available to anyone who is experiencing parenting and family challenges that are impacting their daily lives.

These challenges may include but not limited to:

- behavioral issues
- in home conflict
- appropriate discipline
- access to important resources
- overall parenting challenges

### What We Do

The Family Support Worker will work with you and your family to identify strengths and weaknesses within the home. They will help teach and model effective age appropriate parenting skills.

Support staff will help to link your family to community resources. Staff are able to assist with making medical appointments for the children and assist with transportation when the need arises.

Family Support staff work as advocates for you and your family and can help you navigate confusing government systems, getting you the right supports you need.

The program works closely with Triple P (Positive Parenting Program) which will bring skills and strategies into the home for dealing with challenging behaviors.

### Where Do We Start

If you think this program might be an advantage to your family please call or come in to meet with the Family Support Coordinator. This meeting will be a casual conversation about the program to answer any other questions you have. During this time the Coordinator will see what ways this pro-

gram may fit for you. Once you've decided to continue on, together with the Coordinator, you will answer questions about your family, your strengths and your needs. The Coordinator will use that information to form a support plan for your family and match you with a Family Support Worker. The Coordinator will book a time with you and the Family Support Worker to meet in your home. From there you will book appointments with your worker based on your families schedule.

There will be a review once every 6 weeks/3 months to see how things are going. In the mean time, you are encouraged to call the Coordinator if you have any questions or concerns.

We will make every effort to provide you with the support and services you need to ensure your home happy and healthy.

## PARTNERS FAMILY SERVICES

**Family Support Coordinator: Crystal Perkins**

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