

Prevention and Support Services: What does the Prevention and Support Program do?

We provide support to our communities in the following ways:

- Confidential supportive listening, and referrals to community resources
 - Crisis services and suicide intervention
 - Safety planning and education regarding interpersonal violence and abuse
 - Workshops on the prevention and education of interpersonal violence and abuse
 - Advocacy services
 - Education and information on Parenting
 - Presentations to agencies, groups, schools or businesses
- Please contact Karen MacCarville for any of the above by emailing:
kmaccarville@partnersfamilyservices.ca



November is Family Violence Awareness Month

Triple P Program: Who is the Triple P Parenting Program for?

The 3 P's of "Triple P" are Positive Parenting Program

This is a program for ANY parent/caregiver with children ages 0-12

This is a program for ANY parent/caregiver who needs some extra help and/or support with parenting.

This is an evidenced base parenting program that has been proven to work for parents who are struggling to deal with the day to day challenges of parenting.

Feel free to check out the Triple P website as well www.triplep-parenting.net for any information or success stories from parents!

For any questions or referrals in regards to Triple P please contact PARTNERS Family Services and a to speak to Teryn Ulriksen or contact her by email at tulriksen@partnersfamilyservices.ca

Family Support Program: Who does our Family Support Program help?

The Family Support Program provides support to families with identified needs varying from basic life skills to routine parenting strategies to encourage a healthy home environment. Our Family Support Workers work with families in the home and community to achieve desired outcomes. Families can be referred to our Family Support Program via a community resource or by self-referral by contacting our office.

You may contact Crystal Perkins for more information about this program: Please feel free to email her at cperkins@partnersfamilyservices.ca or give her a call at 306-682-4135 to answer any questions you may have.



905 5th Avenue
Box 2741
Humboldt, Saskatchewan
S0K 2A0
Phone: 1-306-682-4135
Fax: 1-306-682-4154
www.partnersfamilyservices.ca

Monday-Thursday 9:00am-4:00pm
Friday- 9:00am- 3:00pm
Closed over lunch 12:30pm-1:00pm
Closed Weekends and Stat Holidays

Want to become a Member?

Membership fees are \$20.00 for the year, expiring April 30th of each year.

As a member you will have the opportunity to attend our Annual General Meeting in the spring and this membership will give you the right to vote on executive positions and other items presented to the members.

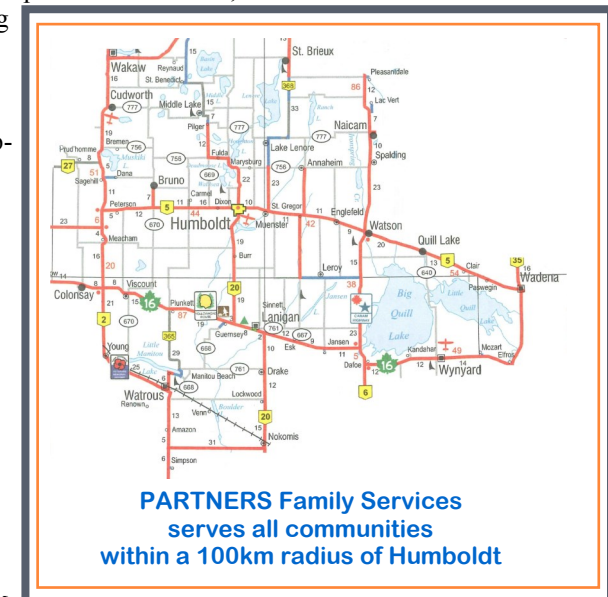
Members also have the satisfaction of knowing they have taken part in creating and maintaining safe, healthy families in the community.

PARTNERS NEWS

Welcome Hayley Kennedy

On behalf of the staff and Board of Directors of PARTNERS Family Services we are proud to welcome Hayley Kennedy as our new Executive Director. PARTNERS is a remarkable organization that needs an ambitious person to oversee it. Hayley is a that person because she not only believes in what PARTNERS wants to achieve but is being an excellent advocate for PARTNERS. She is working hard on getting our mission out to the community and really promotes our values. In other words, Hayley is a great role model for our organization.

Hayley only started on August 4th, 2015 and has made some huge improvements to our programs and our building. Hayley has been managing the Family Support Program while doing everything else. She did a great job managing this program waiting for the return of Crystal Perkins. In addition, Hayley cares about the wellbeing of her staff and clients. She installed doorbells in the building and now will be installing a security system with panic buttons. Also, she removed a wall that gives the office staff a clear view of who is entering the building. These changes might seem minimal but are huge improvements for the office staffs safety. Furthermore, Hayley is truly involved in everything that happens at PARTNERS. She collaborates with all staff and makes sure everyone's voice is heard.



Executive Director Update :

I'm very proud to have taken over for Rachel Trann as the Executive Director for PARTNERS Family Services. The work Rachel did for our organization was tremendous in helping us to achieve stability and a well established framework to move the organization forward.

Since I relocated to Humboldt from Campbell River, BC I have been humbled by the acceptance and generosity of this community. I look forward to continuing to work with the strong network of community-based organizations that exist in our community, and building stronger ties with our outlying rural towns and villages.

I invite our community partners, clients and supporters to stop by our office anytime and see the changes we have made in the office, and to learn more about the programs and services we offer. Most importantly, I invite you to get to know each of our staff, who truly are the heart of our organization.

Take care,
Hayley Kennedy



Vision Statement

Caring for People
Bridging Resources
Building Hope

Mission Statement

We are committed to nurturing positive choices that sustain safe and healthy individuals, families and communities through support, education and partnerships.

Core Values

- CARING** through compassion and empathy
- COMMITTED** to safe and healthy individuals and communities
- ACCOUNTABLE** in taking responsibility for our decisions and actions
- RESPECTFULLY** treating people with dignity and equality

Triple P Program Update:

What is happening in Triple P

The Triple P – Positive Parenting Program has started our first year off with a bang! We opened up our programing with the seminar series both here in Humboldt and in St. Brieux. There was a pretty good turnout for our first run at the program in St. Brieux with an average of 10 participants but the outlook wasn't so great for Humboldt. Those who attended the seminars found it quite helpful and informative!

From there we went on with the Discussion Group series over the summer. This was also run here in Humboldt as well as in St. Brieux! Both groups were very well attended with several people completing all 4 discussion group sessions! The feedback from this again was very positive. Families found it was very helpful and informative and the strategies were starting to make a difference for some of them.

We also rolled out the Primary Care or one-on-one program having several families complete this 4 session program. Most of the families that I worked with said they would definitely recommend this program to others they know.

Lastly we have started our 8 week in-depth group program. We are currently half way through with those attending showing lots of participation during the group sessions and providing lots of feedback for the other parents and me as well. I am looking forward to this group program wrapping up and seeing how far the parents have come since the start of the 8 weeks! There is a lot going on with Triple P and I am excited to see how much this program expands in the future!

Teryn Ulriksen
Triple P Coordinator

Prevention & Support Services Update:

Please let me begin by introducing my self. I am Karen MacCarville, the new Prevention and Support Services Manager, here at PARTNERS Family Services.

Currently we have the following programs running at the centre:

Women's Support Group: a 10 week support program for women who have been exposed to domestic violence. We will continue meeting up until January 10th. Meetings take place every Wednesday night at the PARTNERS building and run from 6:30 to 7:30. Please give the Centre a call to register. If you have any questions please ask to speak with Karen. Information shared is to be kept strictly confidential.

Women's Creative Group: is an ongoing program at our centre that occurs every second week. This program takes place Wednesday mornings from 9:30 a.m. to 11:00 a.m. and is a time to connect with one's self through creative elements – also known as self-expression creativity. Come on out and have some fun!

Men's Support Group: is being held at PARTNERS every 1st and 3rd Thursday of the month and is held between the hours of 10:00 a.m. to 11:30 a.m. Come on in for this group and enjoy some coffee and great conversation.

Parent and Tot group: held from 9:30 a.m. to 11:00 a.m. - Monday thru Wednesday. This program is held at PARTNERS Family Services. Come join us and let your children play and continue to develop their socialization skills while you get to meet some other parents from the community.

Please keep in mind that we are closed for stat holidays!

My role at PARTNERS is to provide the following supports to the public:

- Crisis Intervention Services
- Referrals to other agencies including Mental Health and Addictions, Income assistance, Shelters, Food Bank etc.
- Safety planning for those in or looking to escape abusive relationships
- Supportive Listening

Please take care and I hope the world treats you all with kindness!



Programs

Parent'n Tot

Monday, Tuesday, &

Wednesday

9:30am-11:30am

Women's Creative

Every second Thursday

9:30-11:00 am

October– June

Men's Social Group

1st & 3rd Thursday of the month

10:00am-11:30am

Board of Directors

Andy Burgess, Chair

Colleen Lessmeister,

Treasurer

Deborah Bryson-Sarauer,

Secretary

Corrinne Arnold, Board

Paul Kneeshaw, Board

Andre Kruger, Board

Staff

Hayley Kennedy– Executive

Director

Crystal Perkins– Family

Support Manager

Karen MacCarville Preven-

tion & Support Manager

Teryn Ulriksen– Triple P

Coordinator

Maureen Poncelet– Book

Keeper

Jenna Holt– Office Coordina-

tor/ Family Support Worker

Trina Joa– Maternity Leave

Renaë Thibodeau– Family

Support Worker

Tracy McRae– Family

Support Worker

Kathy Seipp– Family Support

Worker

Supporters

Government of Saskatchewan

Sask Lotteries

Good Neighbor Store

And the many Individual and

Business Donations we re-

ceive!

Family Support Program Update:

As of November 2nd, I have re-occupied my office after a year away from PARTNERS. I have hit the ground running and am really excited to re-connect with the community and the families we have been working with. My main goal is to re-establish contact with community partners and to build up the support services the program offers. The Family Support Program offers in home family support for those struggling with day to day parenting among other things. We treat each case separately and tailor the support to the needs of the individuals. Anyone and everyone is eligible for services. We are happy to take referrals from community partners as well as individuals themselves. From there we can work together to identify strengths and needs. Everyone needs help and encouragement from time to time, that's exactly what we're here for. Please feel free to pop in and say Hi!

Crystal Perkins

Family Support Services Manager

About our Board Chair: Andy Burgess

I work as the VP Finance for Carlton Trail College. I have worked for the College since May 2000 and have been involved with a couple different boards during that time. I am currently in my third year on the Partners Board and starting my second year as the Board Chair. What I like about organizations like Partners, is we are making a difference in people's lives. We give them a voice and the strength to leave a bad situation. We also raise awareness so that friends and family can start to spot the warning signs and be able to get loved ones help before something serious happens. The strange thing about being on the Partners Board is, unlike some other Boards, I do not know who we are helping. Confidentiality is integral to work with Partners. The Board never hears names of clients. Our clients can have the confidence to approach Partners for help knowing that it is strictly confidential. Sometime in the future, hopefully, I will be able to meet someone that we have helped.

Practicum Student Message: Adrienne Reifferscheid

My name is Adrienne Reifferscheid and I am currently doing my Practicum I at PARTNERS Family Services in Humboldt. I have been privileged to be given this opportunity in my hometown, while continuing to pursue Post-Secondary Education. Coming back to Humboldt with an educational purpose has changed my perceptions a bit. I still consider Humboldt to be a wonderful community – but now, I observe it from a Social Work lens. I focus on what issues are prevalent and how they can be addressed. I firmly believe this City has so much potential for growth – I have no doubt that the current figures in authority will bring about great change!

Lastly, I would like to thank the amazing staff at PARTNERS Family Services! They welcomed me into their agency with open arms and provided me with an amazing experience. I was given endless opportunities to expand my knowledge – every single one of you has assisted me in my learning experience. The hard work that is being accomplished here is really paying off. I will miss you all. Keep doing what you do – Ya'll rock!

